

Penick Village Life Enrichment

Schedule of Events ~October 2009

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
October 1	7:15 p.m.	Bus to NC Symphony	Pinecrest High School
October 2	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	4:30 p.m.	Wine and Cheese	North and South Lounge
October 3	9:00 a.m.	Bus to Scotland Highland Games	Laurinburg, NC
	1:00 p.m.	MS Support Group	Card Room 2
October 4	10:00 a.m.	Church	Chapel
	3:00 p.m.	Blessing of the Animals	South Patio
October 5	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	2:00 p.m.	Blood Pressure Clinic	Solarium
	3:00 p.m.	Blood Pressure Clinic	Card Room 2
	3:00 p.m.	Wii Bowling	North Lounge
October 6	All Day	Auditorium Closed	
October 7	10:00 a.m.	Yoga	Auditorium
	4:00 p.m.	Tai Chi	Auditorium
October 8	6:30 p.m.	Bus to Travelogue Series	SCC
October 9	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	4:30 p.m.	Wine and Cheese	North and South Lounge
October 10	1:30 p.m.	Bingo	Douglass Room
October 11	10:00 a.m.	Church	Chapel
	1:30 p.m.	Movie	Auditorium
October 12	10:00 a.m.	Exercise	Breezeway
	11:00 a.m.	Sittercise	Douglass Room
	3:00 p.m.	Wii	North Lounge
October 13	8:00 a.m.	Men's Breakfast	Auditorium
	8:30 a.m.	Bus to CCCR meeting	Greensboro

	1:00 p.m.	Night Golf Card Game	Card Room 2
	6:30 p.m.	Bus to Travelogue Series	SCC
October 14	10:00 a.m.	Yoga	Auditorium
	11:15 a.m.	Bus to Lunch Bunch	San Felipe
	4:00 p.m.	Tai Chi	Auditorium
October 15	10:00 a.m.	The Book of Solomon	Solarium
	1:00 p.m.	Balance Screening	Douglass Room
	4:30 p.m.	Happy Hour	South Lounge
October 16	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Personal Care Lounge
	4:30 p.m.	Wine and Cheese	North and South Lounge
October 17	1:30 p.m.	Bingo	Douglass Room
October 18	10:00 a.m.	Holy Eucharist Service with St. Michael's Episcopal Church in Raleigh	Auditorium
October 19	8:00 a.m.	Lifeline Screening	Auditorium
	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	3:00 p.m.	Wii Bowling	North Lounge
October 20	10:30 a.m.	Bus to Shopping	
	5:30 p.m.	Couples Night Out	
October 21	10:00 a.m.	Yoga	Auditorium
	10:30 a.m.	Town Hall	South Lounge
	1:00 p.m.	Fashion Show	Auditorium
	4:00 p.m.	Tai Chi	Auditorium
October 22	10:00 a.m.	The Book of Solomon	Solarium
	7:15 p.m.	NC Symphony	Pinecrest High School
October 23	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	2:00 p.m.	Pumpkin Carving Contest	Auditorium
	4:30 p.m.	Wine and Cheese	North and South Lounge

October 24	1:30 p.m.	Bingo	Auditorium
October 25	10:00 a.m.	Church	Chapel
	1:30 p.m.	Movie	Douglass Room
October 26	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	3:00 p.m.	Wii	North Lounge
	6:30 p.m.	Bridge on the Breezeway	North Breezeway
October 27	10:30 a.m.	Bus to shopping	
	12:00 p.m.	Birthday Dinner	Auditorium
	6:30 p.m.	Trunk or Treat	North Parking Lot
October 28	10:00 a.m.	Yoga	Breezeway
	4:00 p.m.	Tai Chi	Auditorium
	5:30 p.m.	Ladies Night Out	TBA
October 29	10:00 a.m.	Book of Job	Solarium
October 30	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	2:00 p.m.	Halloween Fashion Show	Auditorium
	4:30 p.m.	Wine and Cheese	North and South Lounge
October 31	1:30 p.m.	Bingo	Auditorium