

# Penick Village Life Enrichment

## Schedule of Events ~November 2009

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
<b>November 1</b>	10:00 a.m.	Church	Chapel
	1:30 p.m.	Movie	Douglass Room
<b>November 2</b>	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	2:00 p.m.	Blood Pressure Clinic	Solarium
	3:00 p.m.	Blood Pressure Clinic	Card Room 2
	3:00 p.m.	Wii Bowling	North Lounge
<b>November 3</b>	10:30 a.m.	Bus to Shopping	
<b>November 4</b>	10:00 a.m.	Yoga	Auditorium
	4:00 p.m.	Tai Chi	Auditorium
<b>November 5</b>	10:00 a.m.	The Book of Job	Douglass Room
	6:15 p.m.	Bus to Travelogue Series	SCC
<b>November 6</b>	10:00 a.m.	Exercise	Breezeway
	10:00 a.m.	Jewelry Sale	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	4:30 p.m.	Wine and Cheese	North and South Lounge
<b>November 7</b>	1:30 p.m.	Bingo	Auditorium
	7:00 p.m.	Golf Capital Chorus Concert	Pinecrest High School
<b>November 8</b>	10:00 a.m.	Church	Chapel
	7:30 p.m.	Duke Chorale	Auditorium
<b>November 9</b>	10:00 a.m.	Exercise	Breezeway
	11:00 a.m.	Sittercise	Douglass Room
	3:00 p.m.	Wii	North Lounge
<b>November 10</b>	10:30 a.m.	Bus to shopping	
	TBA	Bus to movie- "A Christmas Carol"	Sandhills Cinema
<b>November 11</b>	8:00 a.m.	Veteran's Breakfast	Auditorium
	10:00 a.m.	Holy Eucharist	Chapel
	10:00 a.m.	Yoga	Auditorium
	4:00 p.m.	Tai Chi	Auditorium
<b>November 12</b>	11:15 a.m.	Bus to Lunch Bunch	Panera Bread
<b>November 13</b>	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglass Room
	4:30 p.m.	Wine and Cheese	North and South Lounge
<b>November 14</b>	1:30 p.m.	Bingo	Auditorium
	4:00 p.m.	John Batson Concert	South Lounge
<b>November 15</b>	10:00 a.m.	Church	Chapel
	1:30 p.m.	Movie	Douglass Room
<b>November 16</b>	10:00 a.m.	Exercise	Auditorium

	11:00 a.m.	Sittercise	Personal Care Lounge
<b>November 17</b>	10:30 a.m.	Bus to Shopping	
	12:00 p.m.	Bloodmobile	Auditorium
	5:30 p.m.	Couples Night Out	
<b>November 18</b>	10:00 a.m.	Yoga	Auditorium
	10:30 a.m.	Town Hall	South Lounge
	4:00 p.m.	Tai Chi	Auditorium
<b>November 19</b>	9:30 a.m.	Bus leaves for Southern Supreme	
	4:30 p.m.	Happy Hour	North Lounge
<b>November 20</b>	10:00 a.m.	Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglas Room
	4:30 p.m.	Wine and Cheese	North and South Lounge
<b>November 21</b>	1:30 p.m.	Bingo	Douglas Room
<b>November 22</b>	10:00 a.m.	Church	Chapel
	1:30 p.m.	Movie	Auditorium
<b>November 23</b>	10:00 a.m.		
		Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglas Room
	3:00 p.m.	Wii Bowling	North Lounge
<b>November 24</b>	10:30 a.m.	Bus to Shopping	
	12 p.m.	Birthday Dinner	Auditorium
	5:30 p.m.	Ladies Night Out	
<b>November 25</b>	10:00 a.m.	Yoga	Breezeway
	4:00 p.m.	Tai Chi	Auditorium
<b>November 26</b>	10:00 a.m.	Holy Eucharist	Chapel
<b>November 27</b>	10:00 a.m.		
		Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglas Room
	4:30 p.m.	Wine and Cheese	North and South Lounge
<b>November 28</b>	1:30 p.m.	Bingo	Douglas Room
<b>November 29</b>	10:00 a.m.	Chapel	Chapel
	4:00 p.m.	Evensong	Auditorium
<b>November 30</b>	10:00 a.m.		
		Exercise	Auditorium
	11:00 a.m.	Sittercise	Douglas Room
	3:00 p.m.	Wii	North Lounge
	6:30 p.m.	Bridge on the Breezeway	North Breezeway