

Penick Village Life Enrichment

Schedule of Events ~December 2009

| <u>Date</u> | <u>Time</u> | <u>Event</u> | <u>Location</u> |
|--------------------|-------------|-----------------------------------|------------------------------|
| December 1 | 10:30 a.m. | Bus to Shopping | |
| | 2:45 p.m. | Bus to Duke Chorale Concert | Duke Chapel |
| December 2 | 10:00 a.m. | Yoga | Auditorium |
| | 1:00 p.m. | Tree Decorating Party | Auditorium |
| | 2:00 p.m. | Christmas Carols | North Lounge |
| | 4:00 p.m. | Tai Chi | Auditorium |
| December 3 | 3:00 p.m. | Friends of Penick Christmas Party | Auditorium |
| | 6:30 p.m. | Tree Decorating Party | South Lounge |
| | 7:15 p.m. | NC Symphony Concert | Pinecrest |
| December 4 | 10:00 a.m. | Exercise | Auditorium |
| | 11:00 a.m. | Sittercise | Douglass Room |
| | 2:45 p.m. | Ground Consecration | End of C-Wing |
| | 4:30 p.m. | Wine and Cheese | North and South Lounge |
| | 6:30 p.m. | Tree Decorating Party | Breezeway |
| December 5 | 10:00 a.m. | MS Support Group | Card Room 2 |
| | 1:30 p.m. | Bingo | Douglass Room |
| December 6 | 10:00 a.m. | Church | Chapel |
| | 1:30 p.m. | Movie | Auditorium |
| December 7 | 10:00 a.m. | Exercise | Auditorium |
| | 11:00 a.m. | Sittercise | Douglass Room |
| | 2:00 p.m. | Blood Pressure Clinic | Solarium |
| | 3:00 p.m. | Blood Pressure Clinic | Card Room 2 |
| | 3:00 p.m. | Wii Bowling | Auditorium |
| December 8 | 8:00 a.m. | Men's Breakfast | Auditorium |
| | 10:30 a.m. | Bus to shopping | |
| December 9 | 10:00 a.m. | Yoga | Auditorium |
| | 4:00 p.m. | Tai Chi | Auditorium |
| | 5:00 pm. | Dinner and Lights | Olive Garden |
| December 10 | 11:00 a.m. | Meatloaf Madness | North Lobby and South Lounge |
| | 1:00 p.m. | Note-A-Belles | South Lounge |
| | 1:30 p.m. | Bus to VIP | Moore Regional |
| December 11 | 10:00 a.m. | Exercise | Breezeway |
| | 11:00 a.m. | Sittercise | Douglass Room |
| | 11:15 a.m. | Bus to Lunch Bunch | Mt. Fuji's |
| | 4:30 p.m. | Wine and Cheese | North and South Lounge |

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| December 12 | 1:30 p.m. | Bingo | Douglass Room |
| December 13 | 10:00 a.m. | Church | Chapel |
| | 4:15 p.m. | Brownson Memorial Carolers | Auditorium |
| December 14 | 10:00 a.m. | Exercise | Auditorium |
| | 11:00 a.m. | Sittercise | Douglass Room |
| | 3:00 p.m. | Wii | North Lounge |
| December 15 | 10:30 a.m. | Bus to Shopping | |
| | 5:30 p.m. | Couples Night Out | Table on the Green |
| December 16 | 10:00 a.m. | Yoga | Breezeway |
| | 10:30 a.m. | Town Hall | South Lounge |
| | 12:30 p.m. | Southern Middle School Orchestra | South Lounge |
| | 4:00 p.m. | Tai Chi | Auditorium |
| December 17 | 4:00 p.m. | Resident Christmas Party | Jeff Hutchins's House |
| December 18 | 10:00 a.m. | Exercise | Auditorium |
| | 10:15 a.m. | Episcopal Day School Christmas Concert | South Lounge |
| | 11:00 a.m. | Sittercise | Personal Care Lounge |
| | 4:30 p.m. | Wine and Cheese | North and South Lounge |
| December 19 | 1:30 p.m. | Bingo | Douglass Room |
| December 20 | 10:00 a.m. | Church | Chapel |
| | 1:30 p.m. | Movie | Auditorium |
| December 21 | 10:00 a.m. | Exercise | Auditorium |
| | 11:00 a.m. | Sittercise | Douglass Room |
| | 3:00 p.m. | Wii Bowling | North Lounge |
| December 22 | 10:30 a.m. | Bus to Shopping | |
| | 4:30 p.m. | Happy Hour | South Lounge |
| | 5:00 p.m. | Dinner and Lights | Olive Garden |
| December 23 | 10:00 a.m. | Yoga | Breezeway |
| | 4:00 p.m. | Tai Chi | Auditorium |
| December 24 | 4:30 p.m. | Egg Nog by the Fireplace | North and South Lounges |
| December 25 | 4:30 p.m. | Wine and Cheese | North and South Lounge |
| December 26 | 1:30 p.m. | Bingo | Auditorium |
| December 27 | 10:00 a.m. | Church | Chapel |
| | 1:30 p.m. | Movie | Douglass Room |
| December 28 | 10:00 a.m. | | |
| | | Exercise | Auditorium |
| | 11:00 a.m. | Sittercise | Douglass Room |
| | 3:00 p.m. | Wii | North Lounge |
| December 29 | 10:30 a.m. | Bus to Shopping | |
| | 12:00 p.m. | Birthday Dinner | Auditorium |

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| December 30 | 10:00 a.m. | Yoga | Auditorium |
| | 4:00 p.m. | Tai Chi | Auditorium |
| December 31 | 3:30 p.m. | New Year's Eve Party | Auditorium |